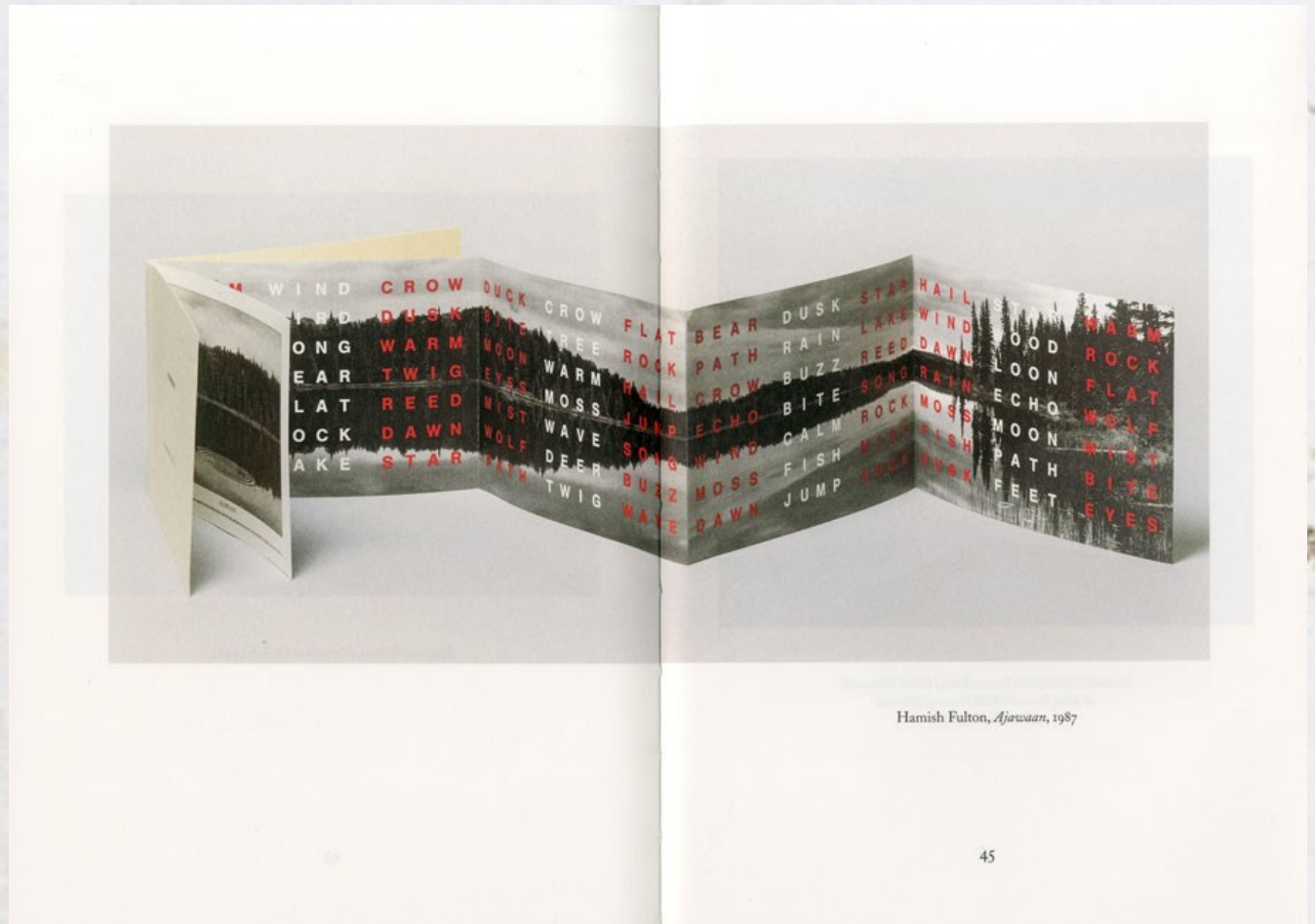


Hand-  
made

Created by Eve Williams  
Creative Learning &  
Public Programs Officer

Artists  
Books

Devonport Regional Gallery

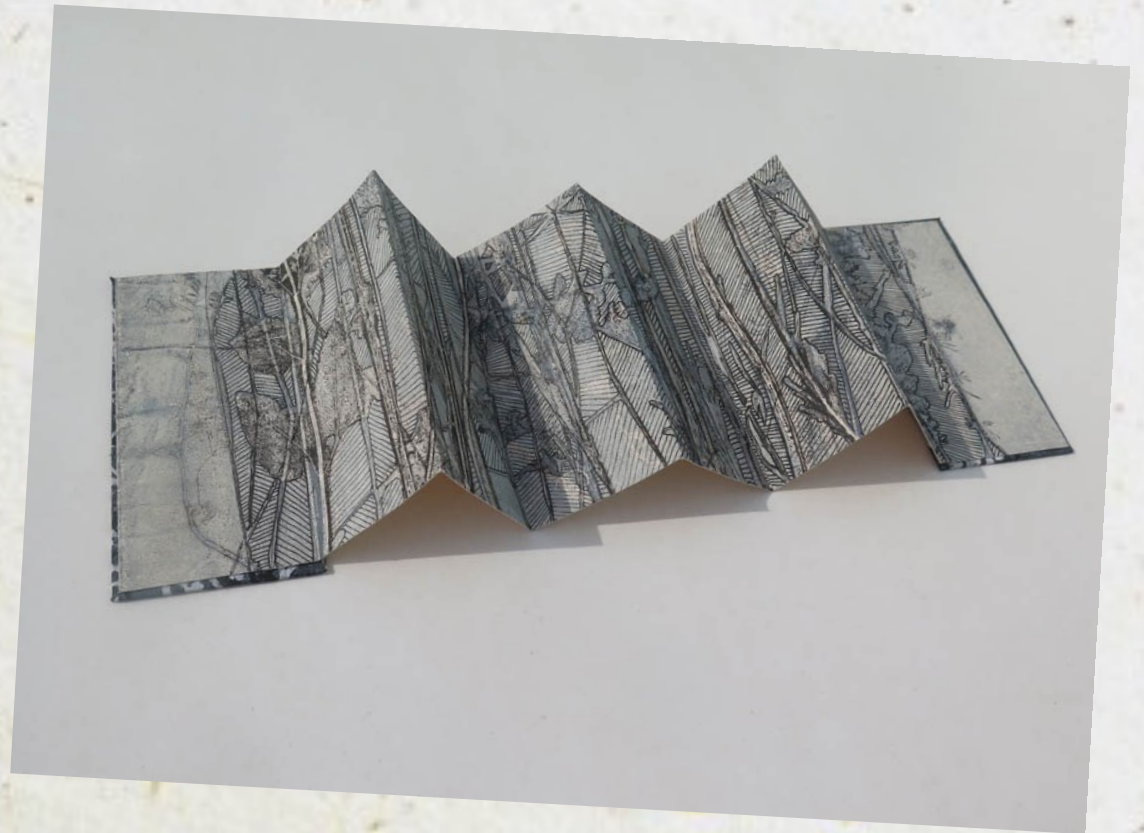
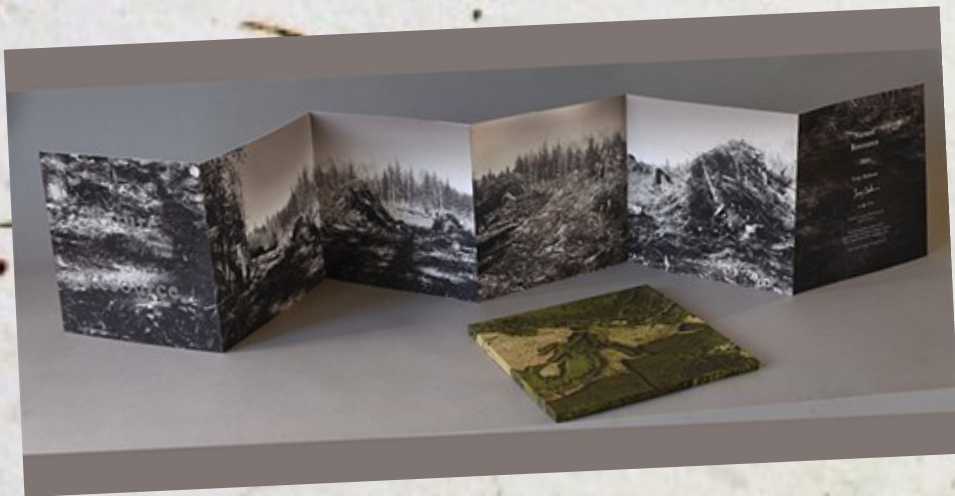


## Task:

Think of a book as an art object and a way of communicating an idea or concept. Create your own hand-made book/ art object and fill with drawings and/ or notes. Choose a theme for your book and create your book as an art object exploring an idea. For example you might like to create a book about nature or the coast and fill it with sketches from things in nature or from the coast. Or perhaps you like to draw faces and portraits and will fill it with sketches of people. When deciding on a theme for your book, think about how you can represent this theme throughout your book including how you will decorate the cover.



# Examples of Accordion folded Artists Books





*Examples of other Artists Books*





## Judy Barass Artists Books

Judy Barass is an Australian artist who was born in Canberra in 1950, and lives and works in Noosa, Queensland. She works across many art mediums including: Small sculpture, art-in-nature installations, digital media, video and projection, virtual world art, writing, artist books, animation, printmaking and illustration.



Barass also produces media art works under the pseudonym (fictitious name) Juanita Deharo. You can view her web page here: <http://www.juanitadeharo.com>





## Judy Barass Artists Books

*In a digital age there is much talk about the death of the book, but I think the elements of books, such as reading, sequence, personal interaction and imagination will survive. The book may not survive exactly as we have known it, but it will survive both as an abstract notion and an object, in some form.*

*Artist books have been a part of my practice for a long time. To me, as a visual artist, there is something compelling about the book as an object, and a means of conveying ideas, as a visual message. It is sometimes, but not always, something you can hold in your hand, smell, see, feel and interact with in a more powerful way than other less familiar art objects. I like to think of books as a sort of personal installation, to be experienced in an intimate and very individual way, alone, with your imagination. You need to open the box, look behind the covers, interact with the object, become lost in discovering it, and then it speaks to you.*

**Artists statement from website: [https://www.judybarrass.com/Artist\\_Books.html](https://www.judybarrass.com/Artist_Books.html)**



*How to make a...*

# **Simple accordion Fold Booklet**





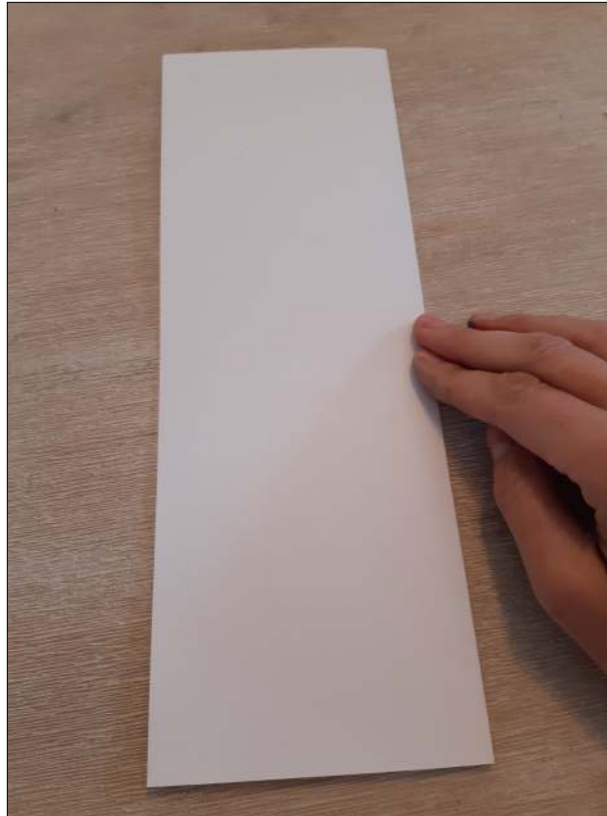
## You Will Need:

- Thick card/ cardboard for front and back covers
- Paper for pages
- Scissors or cutting knife and cutting mat.
- Glue
- String or ribbon (optional)
- Art materials for decorating your front and back covers eg: decorative paper, bubble prints (see [Bubble Prints Project here](#)) foam marbling (instructions to follow), paints, pencils, collage materials, fabric etc.





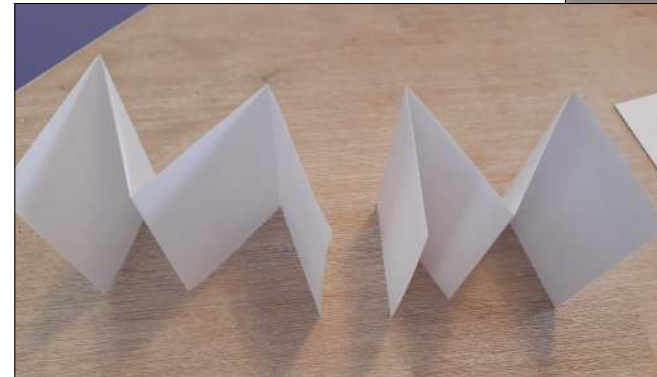
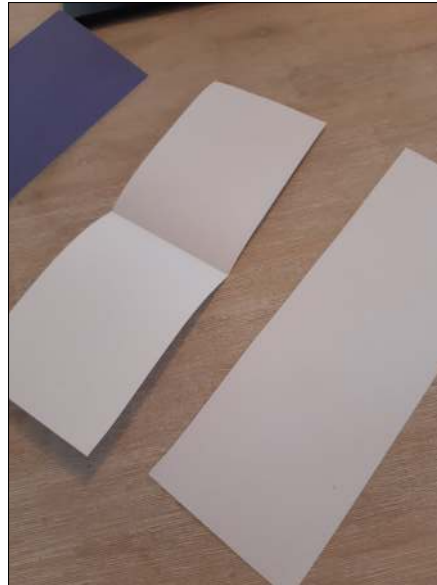
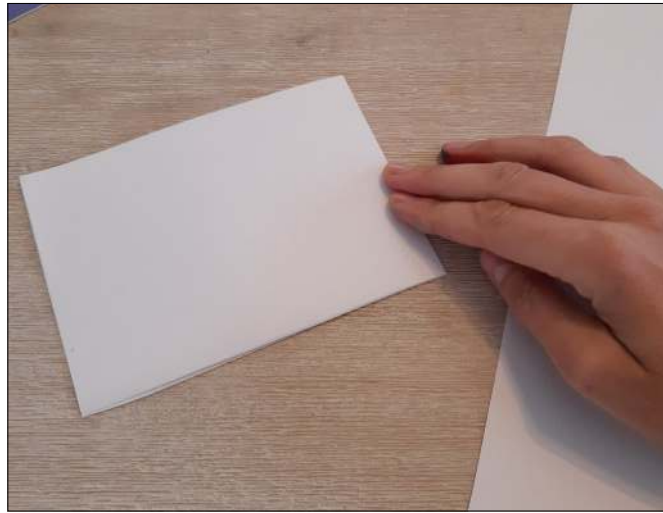
## *Simple Accordion fold booklet*



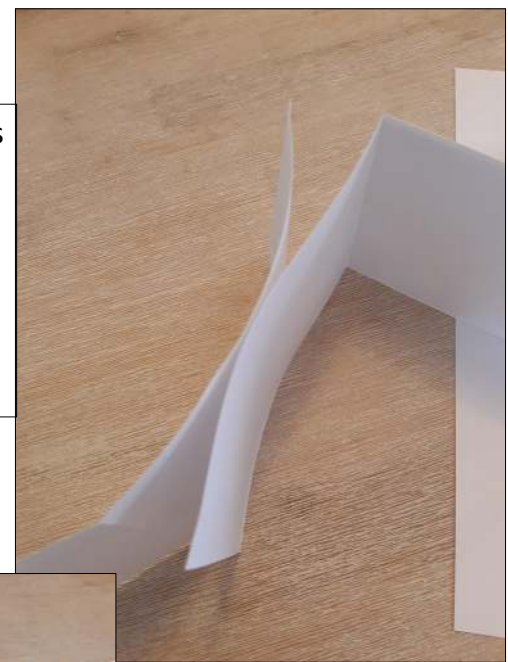
### *Step 1:*

Take a piece of A4 paper and fold in half length-ways. Cut along the folded line to give yourself two strips of paper.

# Simple Accordion fold booklet



Glue opposite edges together to create the zig-zag shape.  
Eg: folded edge to raw edge as shown here.



## Step 2:

Fold each strip of paper in half and if you want your booklet smaller, in half again to make an M shape. Glue the end pages together to create one long zig zag pattern when folded up as shown. You can repeat steps 1 and 2 to add more pages if you wish. Place under a flat heavy weight such as books to dry.

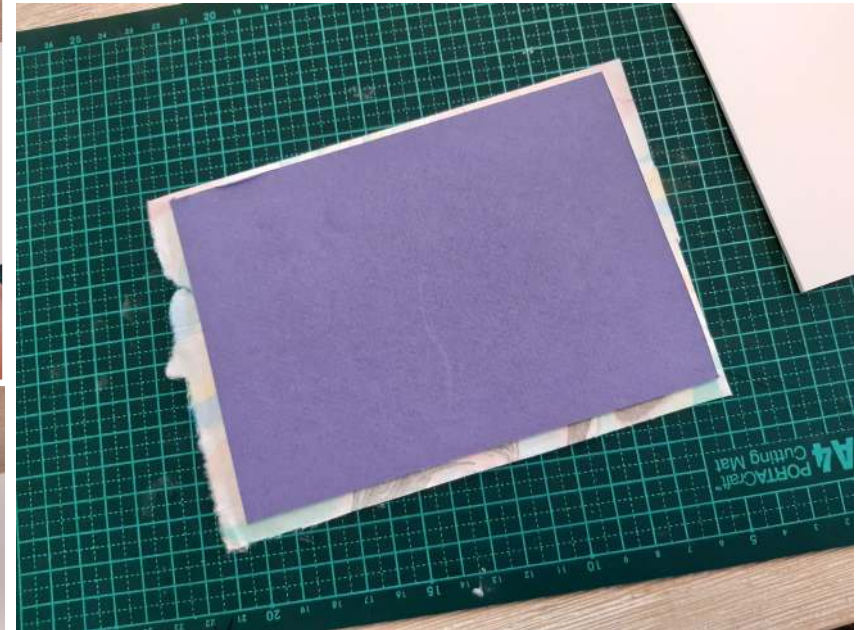
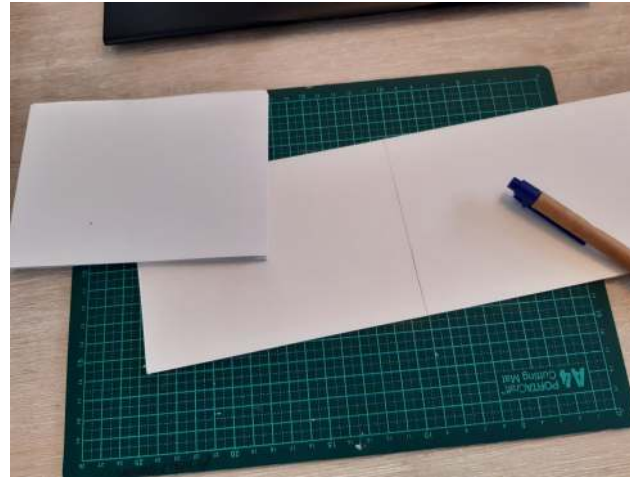
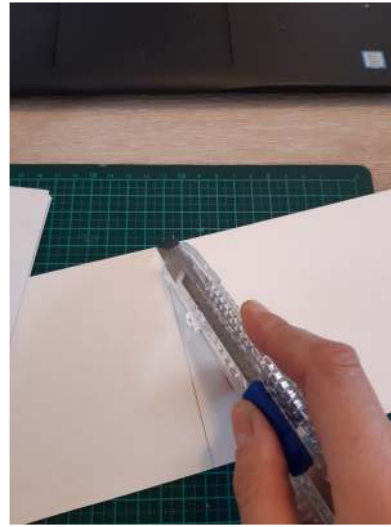
*Tip: when gluing pages together glue a folded edge to a raw edge of paper to create the zig zag M shape.*



# Simple Accordion fold booklet



Use your pages as a template to help you cut your card out the right size.



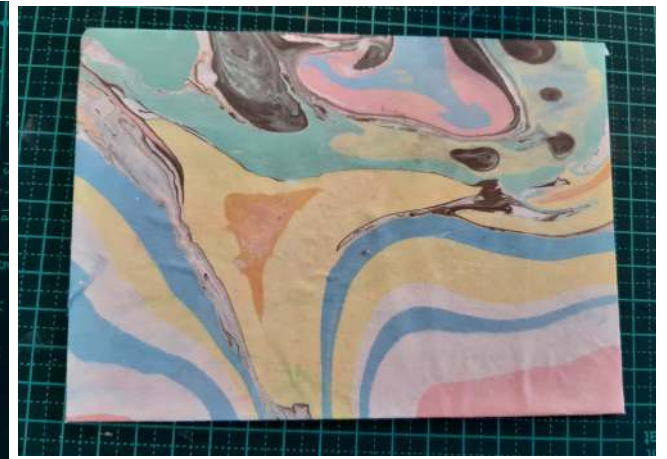
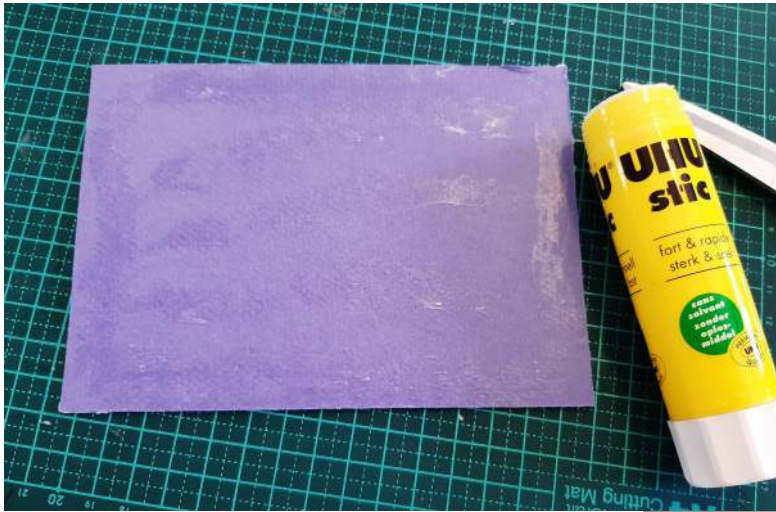
When you have cut out your card decorate it. Here I have used my piece of card as a template to cut out some marbled paper (which is seen here under the card).

## Step 3:

Cut out some stiff card for the front and back cover the same size as the pages or slightly larger (you can use your pages as a template for cutting out your card).

Decorate your front and back card. You can use the Foam Marbling activity (see directions following) to create some decorative paper to cover your card in, or decorate to suit your chosen theme. **Tip:** if you would like to use a piece of ribbon or string to tie your book closed, glue it onto your cover card before covering it with decorative paper/fabric.

# Simple Accordion fold booklet



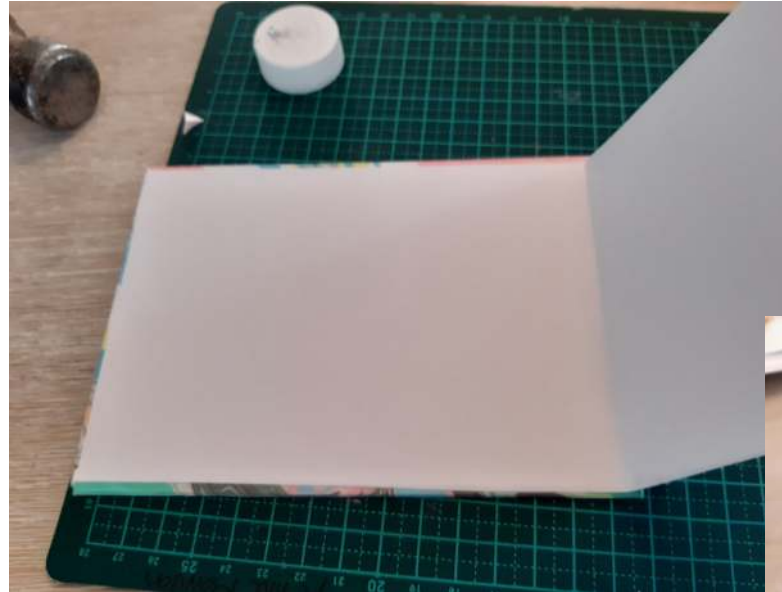
## Step 4:

Glue your decorated paper onto your front and back stiff card pieces. Use your card as a template for size. Cut the decorative paper larger, cut the corners on a diagonal and fold over and glue the edges under. For more details see this website [here](#).

*Tip: Don't use too much glue or you may end up with a sticky mess and stick all of your pages together!*



# Simple Accordion fold booklet



*When you have glued your front and back covers onto your booklet pages, your book should stand upright for display.*

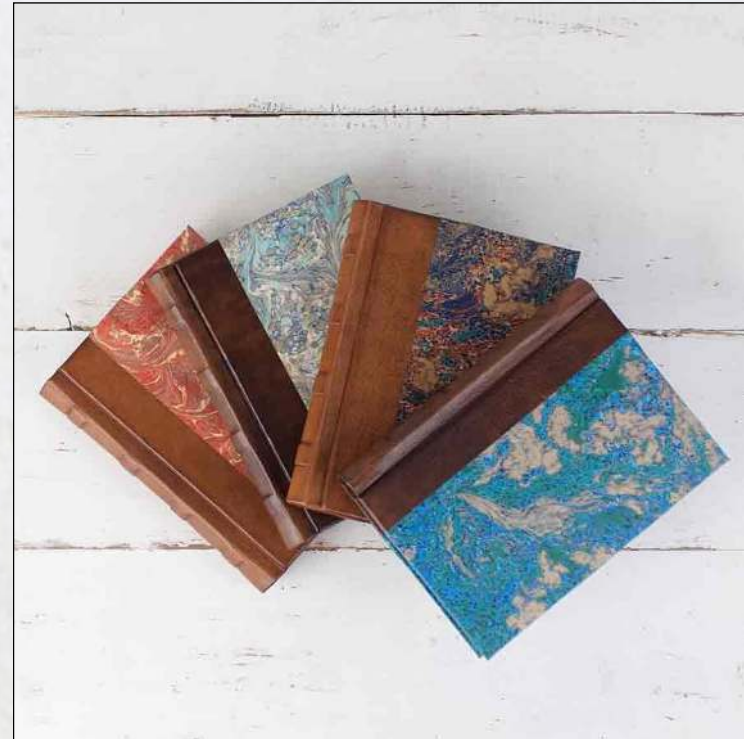


## Step 5:

Glue your decorated front and back covers onto the first and last pages of your booklet. Place under a flat weight such as some heavy books to dry.

**Step six:** Fill in your books pages with images, sketches, collage, found objects etc. and notes of your choosing to suit your chosen theme.

*Decorating your front  
and back covers using  
the Foam Marbling  
technique.*



Examples of marbled  
end paper  
traditionally used in  
book making.



## *You Will Need:*

- Shaving foam
- Coloured food dyes
- Paper
- Spatula or cardboard
- Cardboard or squeegee
- Shallow dish/ baking tray (optional)
- Wax paper/ baking paper
- Toothpick/ skewer stick
- Eyedropper/ optional.



# Foam Marbling Technique



## Step 1:

Spray some shaving cream into a shallow tray/ dish to cover the surface. Lightly flatten out with a spatula or a scrap piece of paper.



# Foam Marbling Technique

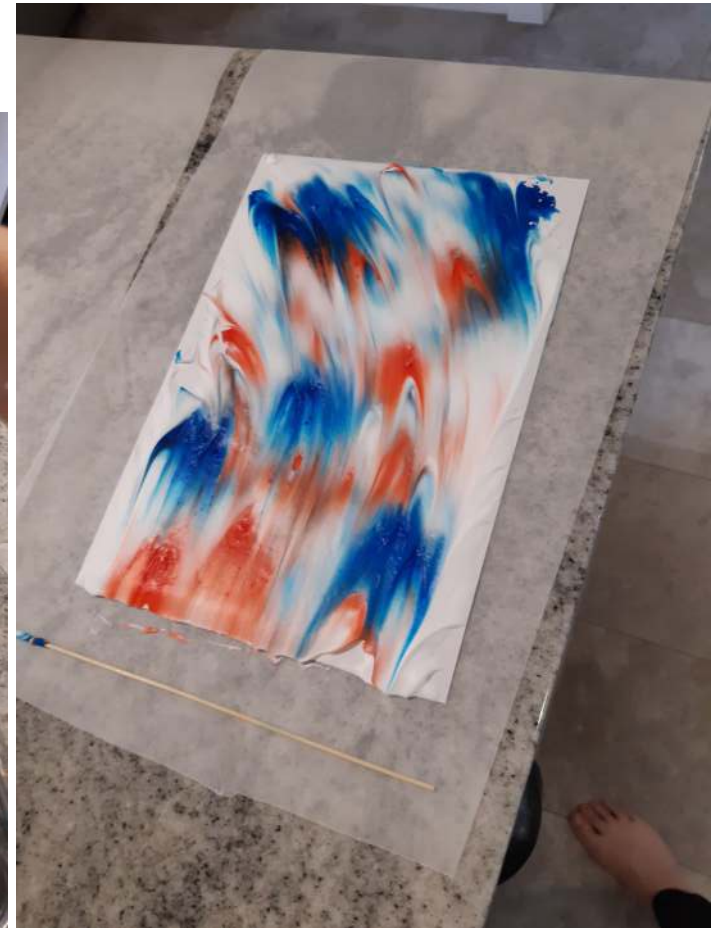


## Step 2:

using an eyedropper (optional), carefully add some drops of different food colouring around the shaving foam. using a skewer gently marble the colours together. Be careful not to over do it.



# Foam Marbling Technique

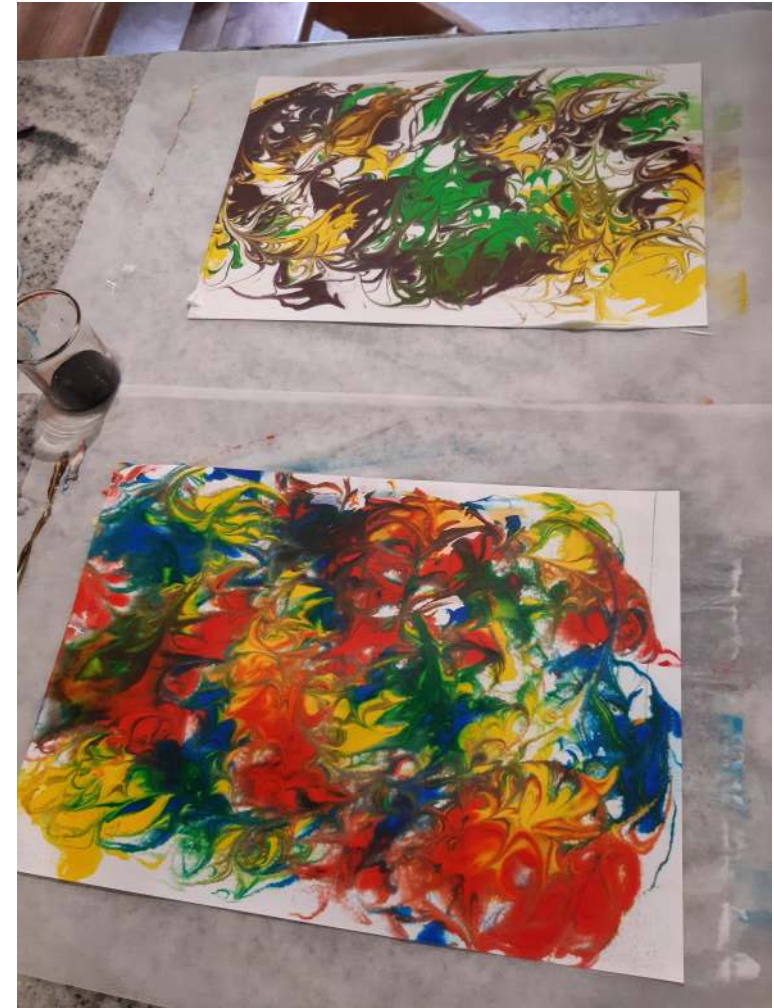
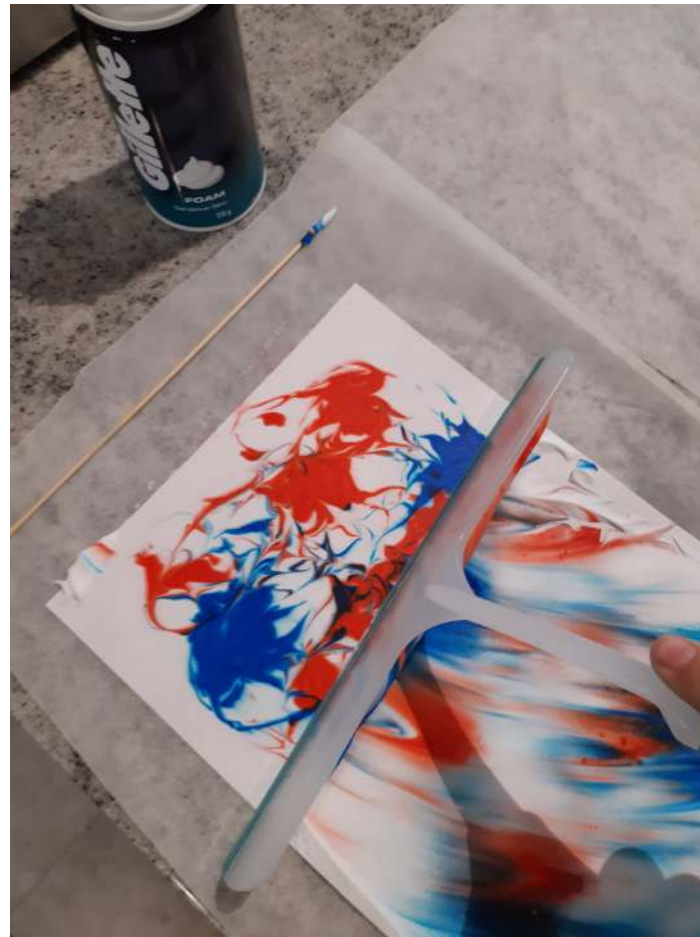
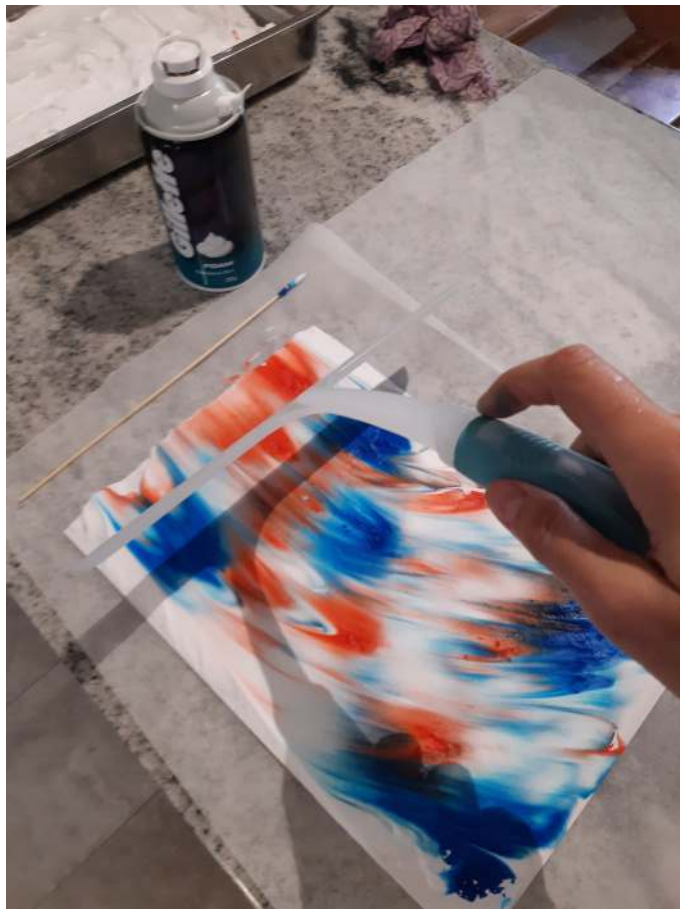


## Step 3:

Take a piece of paper and carefully place onto the food dye shaving foam and press down gently. Lift up the paper and place it onto the wax paper for a couple of minutes.



# Foam Marbling Technique



## Step 4:

using a squeegee or piece of scrap cardboard, carefully scrape the shaving foam off the paper in one motion across the entire page to reveal your marbled pattern. Leave it to dry. Repeat the process to make more patterns.

*Tip:* You can add a fresh layer of foam over the existing layers to create more prints.



*How to make a...*

# Saddle Stitch Binding Book



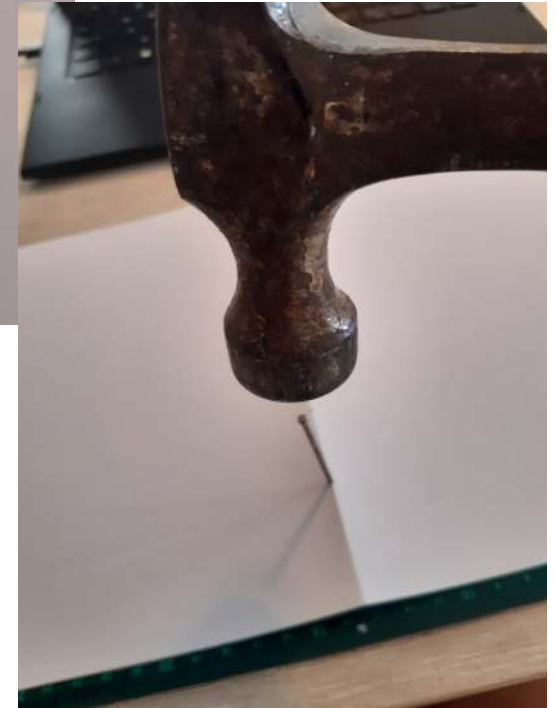


## You Will Need:

- Paper for pages
- Card for cover front and back (slightly larger than the pages).
- Scissors
- Nail and hammer or punch to make small holes in pages
- Embroidery thread or sewing cotton or similar for binding.
- Decorated paper, or fabric (and double sided tape), or similar to cover your front and back covers
- Decorated thin paper such as marbled paper (from foam marbling) for cover/inner page.



# Saddle Stitch Binding Book.



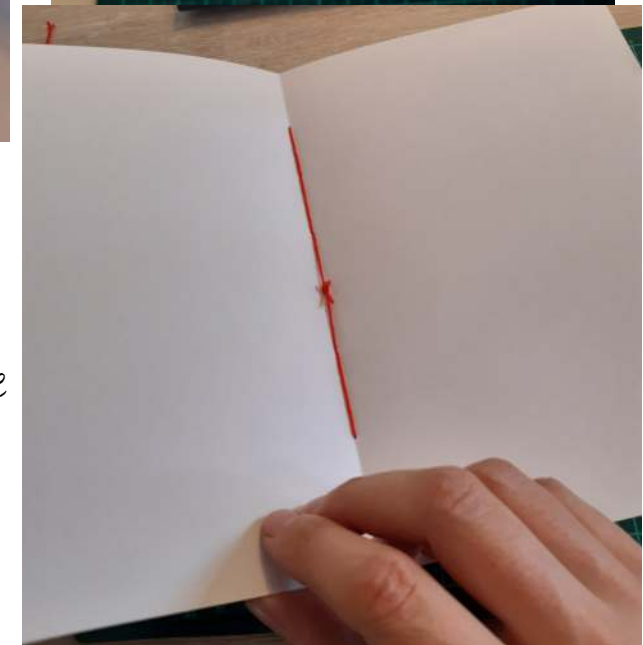
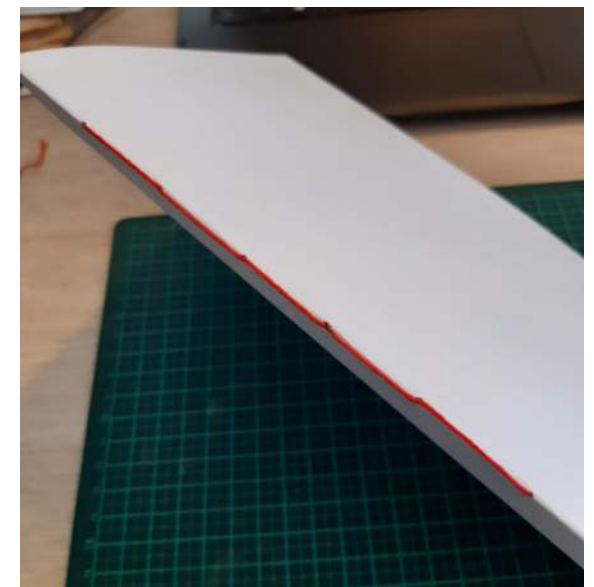
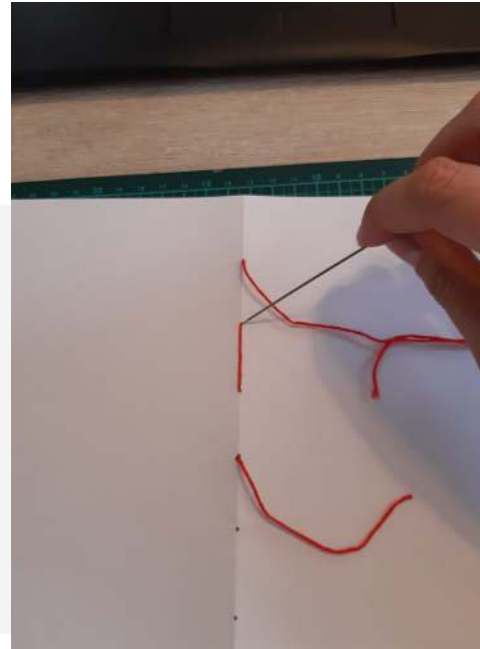
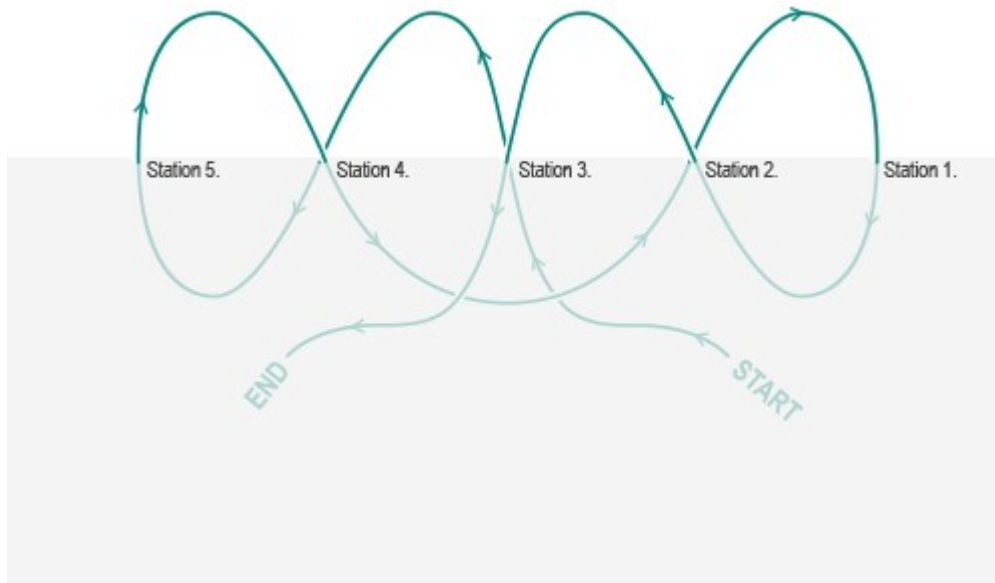
## Step 1:

Sort out your pages and how many you would like to use. Remember the more pages you have the harder it will be to make holes to sew through. For this type of book binding about 5-6 pieces of paper folded is a good number (for thicker books with more pages you will need to use a more complicated binding technique for the pages to close properly (see Kettle Stitch YouTube tutorial [here.](#)) Fold each piece of paper in half and put together. Line up and make holes to sew through using a punch or a hammer and a nail on a board.

*Tip: you might want to measure your spine into equal parts and mark with a pencil as to where to put your holes.*



# Saddle Stitch Binding Book.



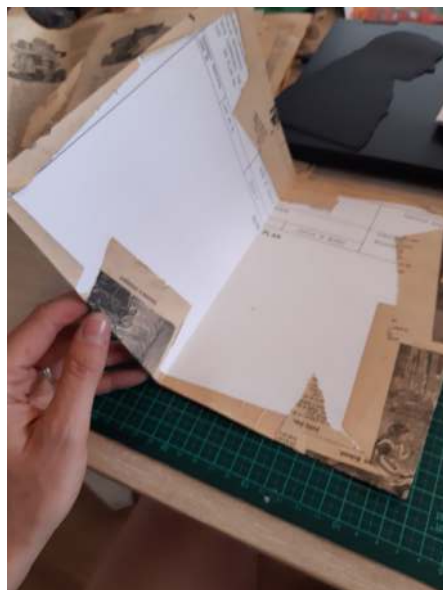
## Step 2:

Thread your needle with cotton or embroidery yarn. Start on the outside of your book pages and sew through the middle hole (or one of the middle holes). Follow the arrows in the diagram above to sew your pages together. At the end push your threads so they are both on the inside of the book and tie a knot.

**Tip:** If you want to use some decorated paper you have made such as the marbled paper as your inner page to line your front and back covers, use this paper as your front and last page and sew into your book pages in this step.

See a YouTube tutorial [here](#) to help:

# Saddle Stitch Binding Book.



## Step 3:

Make your front and back covers. Make this out of one piece of card or thicker paper than your pages, or you can make it out of two pieces of stiff card which will be joined together at the spine by their covering. Decorate your card before attaching it to your book pages. You can paint straight onto it, or decorate it with a piece of fabric or paper, or use other materials you have to cover it. I used some very old book pages to collage over my cover. I then glued it onto the first and last pages to attach it to the book. **Tip:** when covering your front and back covers, don't forget to wrap the decorative covering over the edges of the card and glue down on the inside too. Also, if using stiff card that cannot be folded, make two separate pieces for front and back, then one large piece of decorative fabric or paper. Glue the decorative fabric or paper onto both front and back card. Your decorative covering then becomes like a hinge for your covers to fold around your book pages.





My completed Accordion Fold books with marbling and decorative paper covers and inner pages, ready to be filled with sketches and watercolours to complete my artists book.

If you are interested in discovering some more advanced book binding techniques, have a look at this tutorial on kettle stitch binding. This is a good binding technique if you want to make a thicker book with more pages. Watch [here](#).



My completed Saddle Stitched book with collage decorated cover, ready to be filled with drawings and text to complete my artists book



**Opportunity to be part of an art exhibition at the Devonport Regional Gallery!! Register your interest now!**



**Devonport  
Regional Gallery**  
*Presents*

**HOME IS WHERE THE 'ART IS**

**Exhibition** 30th January- 14th March 2021

**An exhibition of works created in homes during the COVID 19 restrictions as part of the Devonport Regional Gallery's on-line art programs, 'Home is Where the 'Art is'.**

Open to anyone who has or who would like to create works as part of the on-line art workshops available at: [paranapleartscentre.com.au/devonport-regional-gallery/public-programs-creative-learning/](https://paranapleartscentre.com.au/devonport-regional-gallery/public-programs-creative-learning/)

Please register your interest in participating by email: [artgallery@devonport.tas.gov.au](mailto:artgallery@devonport.tas.gov.au)



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